INFANT JESUS CONVENT SCHOOL ANNUAL PLAN ENGLISH

CLASS: VII

MONTH/NO. OF DAYS	TOPIC: SUB TOPIC	OBJECTIVES	AIDS/ACTIVITIES	MULTIPLE INTELLIGENCE SKILLS	LEARNING OUTCOME
APRIL No of Days: 17	GENERAL AND SPECIFIC (RELATED TO THE GAMES) EXERCISES WITH PROPERRULEANDR EGULATIONS L.A.PTEXERCISES MEDITATION CLASS ONCE IN A MONTH.	Students will be able to: To improve team technical, tactical, physical, and psycho-social skills To enable the student to have good health To provide opportunity to every student to participate in Games and Sports	 KNOWLEDGE: List the favorite games & sports Identify the skills SKILLS: Creative Skill Confidence Adaptability Handling pressure APPLICATION: Practice of the relative skills. Analysis the skills. Fit, active, fresh and social. UNDERSTANDING: Identifying various type of games & sports skills. Applying different determiners 	 Linguistic Interpersonal Naturalistic Physical experience 	Students will be able to: Critical thinking and reasoning skills. demonstrate adequate knowledge effectively apply knowledge and skills

MAY No of Days: 12	GENERAL AND SPECIFIC (RELATED TO THE GAMES) EXERCISES WITH PROPERRULEANDR EGULATIONS L.A.PTEXERCISES MEDITATION CLASS ONCE IN A MONTH	Students will be able to: To improve team technical, tactical, physical, and psycho-social skills To enable the student to have good health To provide opportunity to every student to participate in Games and Sports	 knowledge: List the favorite games & sports Identify the skills SKILLS: Creative Skill Confidence Adaptability Handling pressure APPLICATION: Practice of the relative skills. Analysis the skills. Fit, active, fresh and social. UNDERSTANDING: Identifying various type of games & sports skills. Applying different determiners 	 Linguistic Social Experience. A Physical experience 	Students will be able to: Critical thinking and reasoning skills. demonstrate adequate knowledge effectively apply knowledge and skills
		COND	UCTION OF E-1/ P	T-1	
JULY No of Days: 23	 50M, SHUTTLE RUN FOOTBALL, L.A.PT EXERCISES MEDITATION CLASS ONCE IN A MONTH. 	Students will be able to: • To improve team technical, tactical, physical, and psycho-social skills • To enable the	 KNOWLEDGE: Memorize the skills. Demonstrate & Practise the skills SKILLS: Creative Skill Confidence 	 Linguistic Interpersonal Intrapersonal Naturalistic Physical experience 	Students will be able to: Critical thinking and reasoning skills. demonstrate adequate knowledge effectively apply

		student to have	• Adoptobilit-		knowledge and
		good health	Adaptability		skills
		• To provide	Handling pressure		SKIIIS
		opportunity to	ADDI ICATION.		
			APPLICATION:		
		every • student to	• Practice of the		
		participate in	relative skills.		
		Games and	• Analysis the skills.		
		Sports	• Fit, active, fresh		
		Sports	and social.		
			UNDERSTANDING:		
			• Identifying various		
			type of games &		
			sports skills.		
			Applying different		
			determiners		
	• 50M,	Students will	KNOWLEDGE:	• Linguistic	
	• SHUTTLE RUN	be able to:	Memorize the	 Interpersonal 	
	• FOOTBALL,	 To improve 	skills.	 Intrapersonal 	
		team	• Demonstrate &	• Naturalistic	Students will be
	• L.A.PT EXERCISES	technical,	Practise the skills	• Physical	able to:
		tactical,		experience	• Critical
	• MEDITATION	physical, and	SKILLS:		thinking and
	CLASS ONCE IN A	psycho-social	Creative Skill		reasoning skills.
ATTOTION	MONTH	skills	Confidence		O .
AUGUST		• Learn Basic	Adaptability		• demonstrate
No of Days: 23	• March Past, Drill	Marching,	• Handling pressure		adequate knowledge
	Parade & Marching	Perform the			_
	Practice	30 inch. Step,	APPLICATION:		• effectively apply
		Halt from a	• Practice of the		knowledge and skills
		march	relative skills.		OVIIIO
		To provide	• Analysis the skills.		
		opportunity	• Fit, active, fresh		
		to every	and social.		
		student to			
		participate in	UNDERSTANDING:		

SEPTEMBER		Games and Sports	• Identifying various type of games & sports skills. Applying different determiners		
No of Days: 05		CONDU	CTION OF E-2/ TE	RM-1	
OCTOBER No of Days: 22	 100M, RELAYRACE, DODGEBALL, LA.PTEXERCISES MEDITATION CLASS ONCE IN A MONTH 	Students will be able to: To improve team technical, tactical, physical, and psycho-social skills To enable the student to have good health To provide opportunity to every student to participate in Games and Sports Students will	 List the favourite games & sports Identify the skills SKILLS: Creative Skill Confidence Adaptability Handling pressure APPLICATION: Practice of the relative skills. Analysis the skills. Fit, active, fresh and social. UNDERSTANDING: Identifying various type of games & sports skills. Applying different determiners 	Linguistic Interpersonal Intrapersonal Naturalistic Physical experience	Students will be able to: Critical thinking and reasoning skills. demonstrate adequate knowledge effectively apply knowledge and skills
NOVEMBER No of Days: 22	VOLLYBALLBASKETBLLFRISBELA.PTEXERCIS	be able to: • To improve team	 KNOWLEDGE: List the favourite games & sports Identify the skills 	LinguisticSocialExperience.A Physical	Students will be able to: • Critical thinking and

	ES • MEDITATION CLASS ONCE IN A MONTH	technical, tactical, physical, and psycho-social skills To enable the student to have good health To provide opportunity to every student to participate in Games and Sports	SKILLS: Creative Skill Confidence Adaptability Handling pressure APPLICATION: Practice of the relative skills. Analysis the skills. Fit, active, fresh and social. UNDERSTANDING: Identifying various type of games & sports skills. Applying different determiners	experience	reasoning skills. • demonstrate adequate knowledge • effectively apply knowledge and skills
DECEMBER No of Days: 12	SMALLHURDLE RACE SKIPPINGRACE L.A.PTEXERCISES MEDITATION CLASS ONCE IN A MONTH	Students will be able to: To improve team technical, tactical, physical, and psycho-social skills To enable the student to have good health To provide opportunity to every student	 KNOWLEDGE: List the favourite games & sports Identify the skills SKILLS: Creative Skill Confidence Adaptability Handling pressure APPLICATION: Practice of the relative skills. Analysis the skills. Fit, active, fresh 	 Linguistic Interpersonal Intrapersonal Naturalistic Physical experience 	Students will be able to: Critical thinking and reasoning skills. demonstrate adequate knowledge effectively apply knowledge and skills

		to participate in Games and Sports	and social. UNDERSTANDING: • Identifying various type of games & sports skills.		
			Applying different determiners		
		CONDUC	CTION OF E-3/PT-2	2/PT-3	
JANUARY No of Days: 18	 50M, SHUTTLE RUN FOOTBALL, L.A.PT EXERCISES MEDITATION CLASS ONCE IN A MONTH March Past, Drill Parade & Marching Practice 	Students will be able to: To improve team technical, tactical, physical, and psycho-social skills Learn Basic Marching, Perform the 30 inch. Step, Halt from a march To provide opportunity to every student to participate in Games and Sports	 KNOWLEDGE: Memorize the skills. Demonstrate & Practise the skills SKILLS: Creative Skill Confidence Adaptability Handling pressure APPLICATION: Practice of the relative skills. Analysis the skills. Fit, active, fresh and social. UNDERSTANDING: Identifying various type of games & sports skills. Applying different determiners 	 Linguistic Interpersonal Intrapersonal Naturalistic Physical experience 	Students will be able to: Critical thinking and reasoning skills. demonstrate adequate knowledge effectively apply knowledge and skills

FEBRUARY No of Days: 23	SHUTTLE RUN FOOTBALL, L.A.PT EXERCISES MEDITATION CLASS ONCE IN A MONTH.	Students will be able to: • To improve team technical, tactical, physical, and psycho-social skills • To enable the student to have good health • To provide opportunity to every • student to participate in Games and Sports	 KNOWLEDGE: Memorize the skills. Demonstrate & Practise the skills SKILLS: Creative Skill Confidence Adaptability Handling pressure APPLICATION: Practice of the relative skills. Analysis the skills. Fit, active, fresh and social. UNDERSTANDING: Identifying various type of games & sports skills. Applying different determiners 	 Linguistic Interpersonal Intrapersonal Naturalistic Physical experience 	Students will be able to: • Critical thinking and reasoning skills. • demonstrate adequate knowledge • effectively apply knowledge and skills
MARCH	FINAL ASSESSMENT				